

DDO ST PATRICK'S MEET-2-BASIN pool SATURDAY MARCH 20. LAST MEET BEFORE PROVINCIALS! FREE FOOD AND DRINKS AFTER THE MEET!

NAME	GIVE – NEED RIDE	1500 Free	800 FR	200 BR	200 BK	200 FLY	200 FR		4 X 50 FR RELAY	100 FLY	50 BK	100 FR	100 BR	200 IM	50 FR	100 BK	50 BR	50 FLY	100 IM		
								P A U S E 3 0 M I N U T E S B R E A K													

Max 5 individual events per swimmer. Only one of 800m and 1500m FR. One 200m per swimmer in first session, can be combined with 200IM in second session. Warm-ups 8:00-8:50. DEADLINE MONDAY MORNING MARCH 8. WIN DOOR PRIZES!!

